



Rocky Mountain Analytical®
Changing lives, one test at a time

120+ IgG Antigens List

Almond	Cranberry	Parsley
Alpha-Lactalbumin (Whey)	Cucumber	Pea
Apple	Cumin	Peach
Apricot	Dill	Peanut
Asparagus	Duck	Pear
Avocado	Durum Wheat	Peppers (Mixed)
Banana	Egg White	Peppercorns (Black/White)
Barley	Egg Yolk	Pineapple
Basil	Eggplant	Pistachio
Bean (Green/String)	Garlic	Plaice
Bean (Kidney)	Ginger	Plum
Bean (White Haricot)	Gliadin	Pork
Beef	Grape	Raspberry
Beetroot	Grapefruit	Rice
Beta-Lactoglobulin (Whey)	Haddock	Rye
Blackberry	Hazelnut	Sage
Blackcurrant	Herring	Salmon
Brazil nut	Hops	Scallop
Broccoli	Kiwi	Sesame Seed
Brussels Sprout	Lamb	Shrimp/Prawn
Buckwheat	Leek	Sole
Cabbage (Savoy/White)	Lemon	Soy Bean
Cane Sugar	Lentil	Spinach
Canola	Lettuce	Strawberry
Carob	Lime	Sunflower Seed
Carrot	Lobster	Swordfish
Casein	Mackerel	Tea (Black)
Cashew Nut	Melon (Honeydew)	Tea (green)
Cauliflower	Milk (Cow)	Thyme
Celery	Milk (Goat)	Tomato
Cherry	Milk (Sheep)	Trout
Chicken	Millet	Tuna
Chicory	Mint	Turbot
Chili (Red)	Mushroom	Turkey
Cinnamon	Mussel	Vanilla
Clove	Mustard Seed	Veal
Cocoa Bean	Nectarine	Venison
Coconut	Nutmeg	Walnut
Cod	Oat	Wheat
Coffee	Olive	Wheat Bran
Coriander (Leaf)	Onion	Yeast (Baker's)
Corn (Maize)	Orange	Yeast (Brewer's)
Crab	Oyster	

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200+ IgG Antigens List

Agar Agar	Caviar	<i>Gladin</i>	<i>Onion</i>	Shallot
<i>Almond</i>	Cayenne	Goat	<i>Orange</i>	<i>Shrimp/Prawn</i>
Aloe Vera	<i>Celery</i>	<i>Grape</i>	Ostrich	Snail (Winkle)
<i>Alpha-Lactalbumin (Whey)</i>	Chard	<i>Grapefruit</i>	Ox	<i>Sole</i>
Amaranth	<i>Cherry</i>	Guava	<i>Oyster</i>	<i>Soy Bean</i>
Anchovy	Chestnut	<i>Haddock</i>	Papaya	Spelt
Aniseed	<i>Chicken</i>	Hake	<i>Parsley</i>	<i>Spinach</i>
<i>Apple</i>	Chickpea	<i>Hazelnut</i>	Partridge	Spirulina
<i>Apricot</i>	<i>Chicory</i>	<i>Herring</i>	<i>Pea</i>	Squash (Butternut)
Artichoke	<i>Chili, Red</i>	Honey	<i>Peach</i>	Squash (Summer)
Arugula	<i>Cinnamon</i>	<i>Hops</i>	<i>Peanut</i>	Squid
<i>Asparagus</i>	Clam	Horse	<i>Pear</i>	<i>Strawberry</i>
<i>Avocado</i>	Clam (Razor)	<i>Kiwi</i>	<i>Pepper (Mixed)</i>	<i>Sunflower Seed</i>
<i>Banana</i>	<i>Clove</i>	<i>Lamb</i>	Peppercorn	Sweet Potato
<i>Barley</i>	Cockle	<i>Leek</i>	Peppermint	<i>Swordfish</i>
Barnacle	<i>Cocoa Bean</i>	<i>Lemon</i>	Perch	Tangerine
<i>Basil</i>	<i>Coconut</i>	<i>Lentil</i>	Pike	Tapioca
Bass	<i>Cod</i>	<i>Lettuce</i>	Pine Nut	Tarragon
Bayleaf	<i>Coffee</i>	<i>Lime</i>	<i>Pineapple</i>	<i>Tea (Black)</i>
Bean (Broad)	Cola Nut	Liquorice	<i>Pistachio</i>	<i>Tea (Green)</i>
<i>Bean (Green/String)</i>	<i>Coriander</i>	<i>Lobster</i>	<i>Plaice</i>	<i>Thyme</i>
<i>Bean (Kidney)</i>	<i>Corn (Maize)</i>	Lychee	<i>Plum</i>	Tiger Nut
<i>Bean (White Haricot)</i>	Couscous	Macadamia Nut	Polenta	<i>Tomato</i>
<i>Beef</i>	<i>Crab</i>	<i>Mackerel</i>	Pomegranate	Transglutaminase
<i>Beetroot</i>	<i>Cranberry</i>	Malt	<i>Pork</i>	<i>Trout</i>
<i>Beta-Lactoglobulin (Whey)</i>	<i>Cucumber</i>	Mango	<i>Potato</i>	<i>Tuna</i>
<i>Blackberry</i>	<i>Cumin</i>	Marjoram	Quail	<i>Turbot</i>
<i>Blackcurrant</i>	Curry	<i>Melon (Honeydew)</i>	Quinoa	<i>Turkey</i>
Blueberry	Cuttlefish	Milk (Buffalo)	Rabbit	Turnip
<i>Brazil nut</i>	Date	<i>Milk (Cow)</i>	Radish	<i>Vanilla</i>
<i>Broccoli</i>	<i>Dill</i>	<i>Milk (Goat)</i>	Raisin	<i>Veal</i>
<i>Brussels Sprout</i>	<i>Duck</i>	<i>Milk (Sheep)</i>	<i>Raspberry</i>	<i>Venison</i>
<i>Buckwheat</i>	Eel	<i>Millet</i>	Redcurrant	Wakame
Cabbage (Red)	<i>Egg White</i>	<i>Mint</i>	Rhubarb	<i>Walnut</i>
<i>Cabbage (Savoy/White)</i>	<i>Egg Yolk</i>	Monkfish	<i>Rice</i>	Watercress
Camomile	<i>Eggplant</i>	Mulberry	Rosemary	Watermelon
<i>Cane Sugar</i>	Espaguette	<i>Mushroom</i>	<i>Rye</i>	<i>Wheat</i>
<i>Canola</i>	Fennel (Leaf)	<i>Mussel</i>	Saffron	<i>Wheat Bran</i>
Caper	Fig	<i>Mustard Seed</i>	<i>Sage</i>	Wild Boar
<i>Carob</i>	Flax Seed	<i>Nectarine</i>	<i>Salmon</i>	<i>Yeast (Baker's)</i>
Carp	<i>Garlic</i>	Nettle	Sardine	<i>Yeast (Brewer's)</i>
<i>Carrot</i>	<i>Ginger</i>	<i>Nutmeg</i>	<i>Scallop</i>	Yucca
<i>Casein</i>	Ginkgo	<i>Oat</i>	Sea Bream (Gilthead)	
<i>Cashew Nut</i>	Ginseng	Octopus	Sea Bream (Red)	
<i>Cauliflower</i>		<i>Olive</i>	<i>Sesame Seed</i>	

Note: All bolded antigens are not included in the 120+ Panel

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160+ Vegetarian IgG Antigens List

Agar Agar	Cherry	Lime	Raspberry
Almond	Chestnut	Liquorice	Redcurrant
Aloe Vera	Chickpea	Lychee	Rhubarb
Alpha-Lactalbumin (Whey)	Chicory	Macadamia Nut	Rice
Amaranth	Chili. Red	Malt	Rosemary
Aniseed	Cinnamon	Mango	Rye
Apple	Clove	Marjoram	Saffron
Apricot	Cocoa Bean	Melon (Honeydew)	Sage
Artichoke	Coconut	Milk (Buffalo)	Sesame Seed
Arugula	Coffee	Milk (Cow)	Shallot
Asparagus	Cola Nut	Milk (Goat)	Soy Bean
Avocado	Coriander (Leaf)	Milk (Sheep)	Spelt
Banana	Corn (Maize)	Millet	Spinach
Barley	Couscous	Mint	Squash (Butternut)
Basil	Cranberry	Mulberry	Squash (Summer)
Bayleaf	Cucumber	Mushroom	Strawberry
Bean (Broad)	Cumin	Mustard Seed	Sunflower Seed
Bean (Green/String)	Curry	Nectarine	Sweet Potato
Bean (Kidney)	Date	Nettle	Tangerine
Bean (White Haricot)	Dill	Nutmeg	Tapioca
Beetroot	Durum Wheat	Oat	Tarragon
Beta-Lactoglobulin (Whey)	Egg White	Olive	Tea (Black)
Blackberry	Egg Yolk	Onion	Tea (green)
Blackcurrant	Eggplant	Orange	Thyme
Blueberry	Fennel (Leaf)	Papaya	Tiger Nut
Brazil nut	Fig	Parsley	Tomato
Broccoli	Flax Seed	Pea	Transglutaminase
Brussels Sprout	Garlic	Peach	Turnip
Buckwheat	Ginger	Peanut	Vanilla
Cabbage (Savoy/White)	Ginkgo	Pear	Walnut
Cabbage (Red)	Ginseng	Peppercorns	Watercress
Camomile	Gliadin	Peppermint	Watermelon
Cane Sugar	Grape	Peppers (Mixed)	Wheat
Canola	Grapefruit	Pine Nut	Wheat Bran
Caper	Guava	Pineapple	Yeast (Baker's)
Carob	Hazelnut	Pistachio	Yeast (Brewer's)
Carrot	Honey	Plum	Yucca
Casein	Hops	Polenta	
Cashew Nut	Kiwi	Pomegranate	
Cauliflower	Leek	Potato	
Cayenne	Lemon	Quinoa	
Celery	Lentil	Radish	
Chard	Lettuce	Raisin	

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